



CENTRE DE RENOUVEAU
AULNEAU
RENEWAL CENTRE INC

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Kim Barthel BMR OTR



Irmie Nickel BOT MA

The Aulneau Renewal Centre and The Regina and
Area Early Childhood Network Presents:

Attachment Treatment: Theory & Techniques ©

Level I: Theory & Science

With Kim Barthel BMR OTR and Irmie Nickel BOT MA

November 8, 9 & 10, 2010

Registration at 8:30 a.m. Conference at 9:00 a.m. to 4:30 p.m.

At the Travel Lodge & Conference Centre

4177 Albert St. Regina, Saskatchewan

Level I: Theory & Science

A healthy attachment between an infant and loving parents or caregivers creates a lasting sense of security and safety for the child. This allows for optimal growth, development, relationships and ultimately learning. In fact, numerous studies show that attachment profoundly influences every aspect of human development.

When the attachment relationship is disrupted or fails to develop, children feel insecure, unsafe and anxious. Many difficulties experienced by individuals throughout life can be traced back to growing up not feeling safe.

Cultural, social and economic environments, family strengths, historic experiences and intergenerational learning are all factors that have an influence on how people of all ages act in their daily relationships. All of these factors affect lifelong learning. Not only does a person's behaviour develop under the influence of attachment but actual brain development is affected by early attachment interactions.

The goal of this workshop is to give counselors, therapists, teachers, early childhood educators, social workers and parents an understanding of how these early attachments affect our actions throughout life. Through presentations, stories, videotapes and small groups, participants will learn to identify different types of attachment patterns. Ultimately, understanding the attachment model of counselling helps provide valuable insight and skill to those of us who are in therapeutic, education and caregiving roles. This information will be of interest to anyone working with children, adolescents, adults and families.

Day 1: The Theory of Attachment

This day will focus on developing an understanding of why attachment relationships are important and how attachment relationships lay the groundwork for success in the future.

Presented by: Irmie Nickel, BOT MA

Day 2: The Science of Attachment

This day will focus on developing an understanding of the neurobiology of attachment. The seamless interrelationship of nature and nurture will be explored and illuminated.

Presented by: Kim Barthel, BMR OTR

Day 3 am: The Theory and Science of Self-Regulation

This morning will focus on developing an understanding of the impact of problems with emotional regulation on daily living and coping. Presented by: Kim Barthel, BMR OTR

Day 3 pm: The Role of the Adult in the Attachment Relationship

The focus of this afternoon will be on applying the above learned theories toward understanding both ourselves and our target families as adults in attachment relationships.

Presented by Irmie Nickel, BOT MA

Aulneau Renewal Centre Certificate Training Program

Attachment Treatment: Theory & Techniques ©

Registration Form

Mail / Fax registration to: Marie Hutchison
Aulneau Renewal Centre 228 Hamel Avenue, Winnipeg, MB R2H 0K6
Telephone: (204) 987-7090 Fax: (204) 987-8880 E-mail: admin@aulneau.com

Name: _____ Agency: _____

Street Address: _____ City: _____ Prov.: _____

Postal Code: _____ Phone (H): _____ Phone (W): _____

E-mail: _____

Please register by October 3, 2010

Early bird registration (before October 3rd) - \$295
Registration Fee (after October 3rd) - \$325

Level I: Theory & Science

This 3-day workshop includes the following:

_____ Introduction to the Theory of Attachment	November 8, 2010
_____ Introduction to the Science of Attachment	November 9, 2010
_____ Introduction to the Theory and Science of Self-Regulation and The Role of the Adult in the Attachment Relationship	November 10, 2010 am November 10, 2010 pm

_____ 3 day workshop ~

The above workshops may be taken individually for continuing education credits at \$125.00 each.

TOTAL: \$ _____

Please make cheque payable to (and send to) Aulneau Renewal Centre. Receipt of payment will confirm registration.

PRESENTERS

Kim Barthel, BMR, OTR is a Neuro-Developmental Treatment-OT Instructor and a teacher of Sensory Integration Therapy. Kim's current professional challenge includes team strategy facilitation for acute pediatric/adolescent mental health cases, and creating sustainable care strategies in a wide variety of cultures throughout the world. She has also authored the pediatric textbook; Evidence and Art: Merging Forces in Pediatric Therapy. Kim is an internationally sought after speaker who proficiently blends and bridges the most up-to-date science of connection and attachment theory with the intuitive aspect of the therapeutic process.

Irmie Nickel, BOT, MA is an occupational therapist, a psychotherapist and the executive director of the Aulneau Renewal Centre. Irmie's career has focused on developing agency and community based crisis mental health and attachment based services for children and families. She has presented nationally and internationally on the subjects of crisis intervention and attachment. The Aulneau Renewal Centre specializes in providing attachment-based counselling services and training programs to individuals of all social service backgrounds. The Aulneau Renewal Centre is a founding member of the International Association for the Study of Attachment.

Registration: 8:30 a.m. Training begins at 9:00 a.m. Days end at 4:30 p.m. Beverage breaks provided. Lunch is not provided. Registrations are non-refundable but are transferable to a substitute participant by request.